

SCOUT'S PREPARATION FOR OVERNIGHT OUTING

OUTING:

DATE:

SCOUT NAME:

SENIOR SCOUT & PHONE NUMBER:

OUTING GUIDE & PHONE NUMBER:

| PATROL | SCOUT | PHONE NUMBER |
|---------------|-------|--------------|
| Patrol Leader | | |
| Food Leader | | |
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YOUR TENT PARTNER:

WHERE WILL YOU GET THE TENT?

PERSONAL GEAR

TEN ESSENTIALS:

1. Pocketknife
2. Individual First Aid Kit (minimum Band-Aids, antiseptic wipe, mole skin and any medicine needed)
3. Extra clothing and warm clothing
4. Rain gear (if really no chance of rain, take 99 cent plastic poncho or large garbage bag)
5. Flashlight, extra batteries and bulb
6. Trail/snack food
7. Matches/fire starter
8. Sun protection (hat, sunscreen)
9. Water bottle and water (at least a quart a day)
10. Map & Compass, Whistle

11. Sleeping bag
12. Sleeping pad
13. Back pack and rain cover (large garbage bag works)
14. Toilet paper & zip lock bag for used paper
15. Extra clothes, socks, underwear, jacket, etc. (appropriate for the outing and time of year)
16. Insect repellent (if indicated)
17. Eating utensils, cup, plate, bowl (whatever is appropriate for the meals you plan)
18. Tooth brush, paste
19. Biodegradable soap, pack towel
20. Camera?
21. Small day pack if you will be taking day hikes
22. Consider packing items (clothes, sleeping bag, flashlights) in plastic if there will be water on your trip (Smart & Final sells 2 gallon zip locks that work great).
23. Your most important clothing item for a backpack are broken in hiking shoes and appropriate hiking socks (not cotton).

If this is car camping you can pack more than you need, but always have your ten essentials in case you take a day hike. If you are back packing make sure your pack only weighs 25% of your weight.

PATROL GEAR/FOOD I WILL BRING:

PATROL GEAR ASSIGNMENTS FOR OVERNIGHT OUTING (PATROL LEADER TO COMPLETE AND KEEP WITH HIM)

OUTING:

DATE:

PATROL/PATROL LEADER:

ADULT LEADER/PHONE NUMBER:

| ITEM | WHO HAS OR WHO WILL BORROW FROM TROOP | WHO WILL CARRY IT |
|---|--|--------------------------|
| TENTS #needed- | | |
| STOVE #needed- | | |
| FUEL amt. needed- | | |
| MATCHES | | |
| POTS & PANS NEEDED- | | |
| COOKING UTENSILS- | | |
| BIODEGRADABLE SOAP/SCRUB PAD/TOWEL | | |
| BEAR BAG WITH ROPES | | |
| SUMP SCREEN | | |
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PATROL MENU FOR OVERNIGHT OUTING

OUTING:

DATE:

PATROL:

FOOD LEADER:

Identify which meals will be bought on the road, whether a meal is no cook, quick cook or big cook. Remember you need protein (meat, cheese, peanut butter...), carbs (crackers, bread, rice, noodles...), fruits/veggies and something to drink (cold/hot) when on an outing. You might want a dessert with dinner also. Make sure everyone likes what you plan to bring and make sure no one has any food allergies or intolerances. If this is a backpack take into consideration the weight of the food. Each scout as part of their ten essentials should carry their own snack food they want while on the trip.

MEAL #1:

MEAL #2:

MEAL #3:

MEAL #4:

MEAL #5:

MEAL #6:

PATROL DUTY ROSTER

OUTING:

DATE:

PATROL LEADER:

| DUTIES | | | | | | | |
|-------------------------------------|--|--|--|--|--|--|--|
| Getting water/ Purification | | | | | | | |
| Stove Set Up | | | | | | | |
| Cooking | | | | | | | |
| Dish Washing and Clean Up | | | | | | | |
| Choosing Tent Placement | | | | | | | |
| Bear Bag | | | | | | | |
| Preparing Latrine Area if Needed | | | | | | | |
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OVERNIGHT OUTING SENIOR SCOUT FORM

OUTING DATE:
ADULT LEADER/PHONE #:

OUTING:

SR. SCOUT:

| PATROL | SCOUT | PHONE NUMBER |
|---------------|--------------|---------------------|
| #1 – Leader | | |
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| #2 – Leader | | |
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| #3 – Leader | | |
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| #4 – Leader | | |
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SENIOR SCOUT OUTING GEAR CHECKLIST

OUTING:

DATE:

SR. SCOUT:

ADULT LEADER/PHONE #:

| ITEM | WHO HAS OR TAKE TROOP GEAR | WHO WILL CARRY |
|---|-----------------------------------|-----------------------|
| WATER PURIFIER WITH EXTRA FILTER #needed | | |
| LARGE WATER CONTAINERS #needed | | |
| COLLAPSIBLE WATER BUCKET #needed | | |
| DINING FLY | | |
| LARGE FIRST AID KITS # needed | | |
| TROWELS #needed | | |
| HATCHET | | |
| | | |
| | | |

DUTIES OF SENIOR SCOUT ON THE OUTING

- Make up a master list of the patrols for the outing during the Monday planning meeting
- Assist the Outings Guide with the Monday meeting
- During the meeting while patrols are working together look over their shoulder to see that meal plans are balanced and realistic for the trip and that patrol leaders are completing their patrol gear forms and duty rosters.
- Be in charge of checking packs prior to leaving to make sure each scout is appropriately clothed and packed for the outing. You and Parent in Charge of trip can decide when this is best done – a meeting at a house a few days before the trip (recommended for long backpacks), in the Ralph's parking lot for an overnight, or prior to heading out on the trail.
- On the trip make sure the patrols are working together and assign crew/trip duties – daily hiking leader, supervise fire building, set up training sessions such as Tote-N-Chit and anything else the parent in charge would like him to do. Also lead the campground clean up sweep before you break camp.
- Clarify with Parent in Charge the joint outing gear (large first aid kits, water purifiers with extra filters, water jugs, dining fly, trowels) how many and who will be carrying them.
- After the outing to report to the troop record keeper, presently Mrs. Sugimura, which scouts actually participated in the outing.

DUTIES OF PATROL LEADER ON THE OUTING

- Complete the Patrol Gear Assignment Sheet during the Monday meeting
- Acquire or direct patrol members to acquire any troop gear that is needed for his patrol
- Set up the patrol duty roster for the outing
- During the week before the trip call all the patrol members to make sure they know what they are bringing and answer any questions they may have
- During the week you call the Senior scout for the outing to update him
- On the outing make sure the patrol sticks together and works together, making sure all of the scouts share in the patrol duties and ask the Senior Scout for help when needed
- Be aware that there will be outing gear, i.e. water purifiers, first aid kits, water containers that the Senior Scout on the outing will distribute to all members on the outing. You will need to decide who in your patrol will best be able to handle this last minute equipment.

DUTIES OF THE OUTING FOOD LEADER

- To write down the meals on the meal sheet during the Monday prep meeting
- Identify member(s) of the patrol who may need to fulfill any cooking requirements for either second class, first class or the Camping Merit Badge.
- The food leader with the patrol will decide if he acquires all the food for the trip or whether each patrol member will do a meal or two, if there is no one that needs to do this as an advancement requirement.
- Make sure you **do not** do all the cooking for the weekend (unless you want to or need to for a requirement), the patrol leader with your input will decide when making up the duty roster who will do what, your primary role is to make sure the patrol has the food for the outing.
- Make sure that each person who buys food (whether it is yourself or individual patrol members) submits to the patrol the day of the outing (or before) the amount that was paid for the food so that they can be reimbursed by those who will be eating the food.
- If the food leader is not acquiring all the food for the outing, he will call the members of his patrol that are bringing food, the day or two before the outing, to remind them of what they are supposed to bring.