

Packing List for Northern Tier 2023

wear to airport:

- class A uniform (shirt, belt, socks, pants or shorts, no neckerchief) - both scouts and adults
- underwear & socks, cotton okay
- sneakers
- hat with brim all around

have in pockets:

- cell phone (optional)
- lip balm with sun protection, unscented
- whistle
- face mask
- at least \$60 (will be buying 2 lunches & 2 dinners during trip)
- ID for TSA (adults 18+ only)

have in daypack, with name & phone on tag:

- lunch with no liquids (will probably not be enough layover time in Denver to buy lunch)
- empty 1-liter water bottle with wide mouth and carabiner-style clip
- sunglasses in a case
- elastic band for sunglasses
- extra pair of prescription glasses, in a hard case
- feminine hygiene supplies as needed
- dental floss (optional)
- toothbrush
- travel-size toothpaste in quart-size ziplock bag
- prescription medicines (in same ziplock if it is liquid, cream, paste or gel)
- personal OTC medications, e.g., for allergies (in same ziplock if it is liquid, cream, paste or gel)
- 3 or more face masks in ziplock bag
- cell phone charger (if bringing cell phone)
- camera, ideally in waterproof case (optional)
- lanyard or harness for camera or cell phone (optional)
- deck of cards (optional)
- reading materials for plane (optional)
- shower kit in ziplock bag:
 - travel-size bar of soap
 - travel-size shampoo
- sandals or flip flops
- thin bath towel
- underwear & socks, cotton okay

have in duffle bag with name & phone on tag:

- waterproof dry bag, 40 liters recommended, 30 liters minimum
- sleeping bag in stuff sack, rated to at least 35°
- sleeping pad (foam okay for scouts, but adults need inflatable for comfort)
- hiking boots, full ankle coverage, drain water via mesh side openings or holes drilled in soles
- canoeing clothes in ziplock bag:
 - nylon pants w/ zip-off legs (NT says two pair, but one pair is all you'll need)
 - belt (optional)
 - crew shirt - *provided by troop*
 - bandana (to wipe away sweat)

- 1 underwear, synthetic, not cotton
- 1 pair wool or synthetic socks
- extra clothes in ziplock bag:
 - long sleeve moisture-wicking shirt with sun protection
 - short sleeve moisture-wicking shirt with sun protection
 - 1 underwear, synthetic, not cotton
 - 2 pairs wool or synthetic socks
- evening/sleeping kit in ziplock bag:
 - mosquito net covering head
 - forehead flashlight
 - extra batteries for flashlight
 - fleece jacket/vest/pullover or thin sweater
 - knit cap
 - troop t-shirt
 - gym shorts
- eating kit in mesh bag:
 - bowl, plastic or metal
 - cup or mug
 - spoon or spork
- rain jacket with hood, waterproof not just water resistant - no ponchos
- extra prescription and OTC medications in ziplock bag
- 5 1-gallon ziplock bags (and a couple of 2-gallon ziplock bags if you have them)
- sunscreen (optional, if you have personal requirement or prefer to not use crew's)
- insect repellent (optional, if you have personal requirement or prefer to not use crew's)
- swim goggles or dive mask (optional)
- small binoculars (optional)
- journal with pen/pencil (optional)
- camp chair without legs (optional, adults only - for use in camp, not in canoe)
- fishing pole, tackle, fish stringer, fillet knife (optional)

The following items are prohibited on the water at Northern Tier:

deodorant, aerosols, radios, video games, hammocks, ponchos, canoe chairs.
Also, you may not bring your own emergency communication device.