

# BREAKFAST

 **VEGETARIAN**  **GLUTEN FREE**  **DAIRY FREE**







**AVAILABLE EVERY DAY AT THE OPTIONS BAR**

OATMEAL | GRITS | CEREAL | FRUIT

**SUNDAY**

SCRAMBLED EGGS  
SAUSAGE LINKS  
CINNAMON ROLL

  SCRAMBLE EGG ALT  
 SAUSAGE  
 CINNAMON ROLL

**MONDAY**

CHEESY EGGS  
BISCUIT  
BACON  
SEASONED HOME FRIES

  SCRAMBLE EGG ALT  
 SAUSAGE  
 BISCUIT

**TUESDAY**

SCRAMBLED EGGS  
SAUSAGE LINKS  
FRENCH TOAST  
FRUIT TOPPING/SYRUP

  SCRAMBLE EGG ALT  
 SAUSAGE  
 SWEET ROLL

**WEDNESDAY**

WESTERN SCRAMBLED  
BACON  
BISCUIT  
SEASONED HOME FRIES

  SCRAMBLE EGG ALT  
 SAUSAGE  
 BISCUIT

**THURSDAY**

SCRAMBLED EGGS  
SAUSAGE LINKS  
PANCAKES  
FRUIT TOPPING/SYRUP

  SCRAMBLE EGG ALT  
 SAUSAGE  
 PANCAKES

**FRIDAY**

SCRAMBLED EGGS  
SAUSAGE LINKS  
BISCUITS AND GRAVY  
SEASONED HOME FRIES

  SCRAMBLE EGG ALT  
 SAUSAGE  
 BISCUITS AND   GRAVY

**SATURDAY**

CHEESY EGGS  
BACON  
BISCUIT  
SEASONED HOME FRIES

  SCRAMBLE EGG ALT  
 SAUSAGE  
 BISCUIT

# LUNCH

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## AVAILABLE EVERY DAY AT THE SALAD BAR

MIXED SALAD | TOMATOES | PEPPERS | CUCUMBERS | CARROTS  
GARBANZO BEANS | PEACHES | SHREDDED CHEESE | COTTAGE CHEESE  
PEPPERONI | CROUTONS | ASSORTED DRESSINGS

**SUNDAY**

HOT DOG  
CHILI & CHEESE  
MAC N CHEESE  
SUGAR COOKIE

 **HOT DOG**  
  **SOY CHILI**  
 **PASTA**  
**CHICKEN NOODLE SOUP**

**MONDAY**

CHEESEBURGER  
BAKED BEANS  
BURGER TOPPINGS  
CHOC. CHUNK COOKIE

 **BLACK BEAN BURGER**  
 **SEASONED FRIES**  
 **ROASTED POTATOES**  
**TOMATO BISQUE SOUP**

**TUESDAY**

BBQ PORK SANDWICH  
COLE SLAW  
OATMEAL RAISIN COOKIES

  **BBQ JACKFRUIT**  
**TATOR TOTS**  
**CORN**  
**MINISTRONE SOUP**

**WEDNESDAY**

PHILLY CHEESE STEAK  
STEAK FRIES  
PEPPERS & ONIONS  
M&M COOKIES

 **VEG. HOAGIE**  
**BROCCOLI CHEDDAR SOUP**

**THURSDAY**

CHICKEN SANDWICH  
LETTUCE, TOMATOS  
& PICKLES  
CHOC. CHUNK COOKIES

 **CHICKEN SANDWICH**  
  **KETTLE CHIPS**  
**CHICKEN NOODLE SOUP**

**FRIDAY**

PEPPERONI/CHEESE PIZZA  
STEAMED CARROTS  
LEMON WHITE CHOC.  
CHUNK COOKIES

  **CHEESE PIZZA**  
 **CHICKEN WINGS**  
 **CHICKEN WINGS**  
**TOMATO BISQUE**

**SATURDAY**

CHICKEN TENDERS  
MAC N CHEESE  
CORN  
CHOC. CHIP COOKIES

  **GRILLED CHICKEN**  
   **SEASONED NOODLES**  
**BROCCOLI CHEDDAR SOUP**

# DINNER

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GARBANZO BEANS | PEACHES | SHREDDED CHEESE | COTTAGE CHEESE  
PEPPERONI | CROUTONS | ASSORTED DRESSINGS

**SUNDAY**

FRIED CHICKEN  
GREEN BEANS  
DINNER ROLL  
M&M COOKIES

  GRILLED VEG CHICKEN  
  PARSLEY POTATOES  
 DINNER ROLL  
MASHED POTATOES & CHKN GRAVY

**MONDAY**

GIANT PEPPERONI ROLL  
STEAMED MIXED VEGGIES  
ICE CREAM SANDWICH

  PIZZA  
  KETTLE CHIPS

**TUESDAY**

BEEF SOFT TACOS  
SOUR CREAM  
LEMON WHITE CHOC.  
CHUNK COOKIES

  TEX MEX QUINOA TACOS  
  SPANISH RICE  
  REFRIED BEANS

**WEDNESDAY**

CHICKEN FRIED RICE  
VEGGIE SPRING ROLL  
CHOC. CHIP COOKIES

  TOFU FRIED RICE  
STEAMED ASIAN VEGGIES

**THURSDAY**

PASTA STUFFED SHELLS  
GREEN BEANS  
GARLIC BREAD  
SUGAR COOKIES

 MEAT SAUCE  
 MARINARA SAUCE  
 GARLIC BREAD

**FRIDAY**

CHICKEN PASTA ALFREDO  
ROASTED BROCCOLI  
DINNER ROLLS  
OATMEAL RAISIN COOKIES

  CHICKEN PASTA  
 CHICKEN PASTA  
 DINNER ROLL

**SATURDAY**

BEEF TIPS & GRAVY  
EGG NOODLES  
DINNER ROLLS  
ASSORTED COOKIES

 BEEF TIPS  
  PASTA  
 DINNER ROLLS  
CALI BLEND VEGGIES